

2019 Annual Impact Report

Our Mission

Through our education, advocacy, support, leadership and customer-centered services, we will improve the quality of life of persons experiencing mental illness and that of their families, caregivers and friends.

23,578 Individuals & families impacted this year

Established
1978



2,252

Presentations & Trainings



248

Educational Class Attendees



290

Support Group Meeting Participants



14,000

Volunteer Hours



715

CIT Officers Trained



6,088

Ending the Silence Participants

"I really liked the personal story as it allowed me to feel brave and truly understand and relate"

~Ending the Silence participant.

"The class was life-changing for me. I was in the dark about my loved ones illness and now I feel more prepared and hopeful."

~ Family-to-Family participant

"The CIT program has been one of the most influential and impactful weeks of my career. I am not sure I can adequately put into words how valuable this class is."

~40-hour Basic CIT participant