

**Are you interested in
learning more?**

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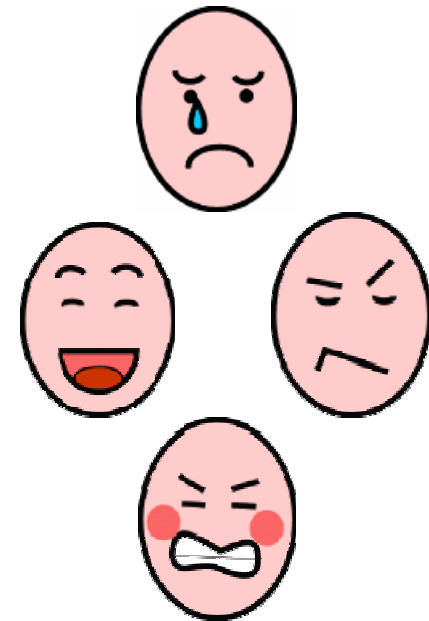
SCHOOL OF MEDICINE



Washington University in St. Louis

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**Could your 6-15 year old
be bipolar or
manic-depressive?**



**If so, there is an
opportunity for you and
your child to learn more
and feel better!**

The Treatment of Early Age Mania (TEAM) Study is the first large scale, multi-site treatment study for childhood bipolar disorder.

- ❑ Washington University is one of six national sites taking part in the study
- ❑ The study is being funded by the National Institute of Mental Health

Tell me more about the study....

- ❑ Researchers are looking to see how well different medications and medication combinations work in making your bipolar child feel better
- ❑ The medications that we are studying include: Risperdal, Depakote, and Lithium
- ❑ If eligible, your child will receive a comprehensive evaluation, free medication and free treatment for 8 or 16 weeks
- ❑ During the study, the parent and child will be asked to attend weekly meetings in order to monitor the child's progress
- ❑ This study is investigating treatment for children in a "manic" or "mixed" manic state of bipolar disorder

What are the symptoms of bipolar disorder?

Manic symptoms:

- ❖ Inappropriately high self-esteem or estimation of abilities, potential or knowledge that isn't reality based
- ❖ Inflated sense of power and control
- ❖ Acts as though he/she is the "boss" at both school and home
- ❖ Elevated or unusually good moods for no apparent reason
- ❖ Decreased need for sleep
- ❖ More talkative than usual or talks in a pressured way without pauses
- ❖ Crabbier than usual
- ❖ Easily distracted or having high energy

Mixed symptoms:

- ❖ Mixed bipolar children experience symptoms of mania and feelings of depression at the same time.
- ❖ Feelings of depression include:
 - ❖ Depressed or sad mood most of the day
 - ❖ No overall enjoyment from things that used to be pleasurable or fun
 - ❖ Loss of energy
 - ❖ Feeling like no one likes him/her and/or feelings of worthlessness
 - ❖ Often thinks about death or dying

How do I know if a child is eligible for the study?

To participate, a child must:

- Be between 6-15 years old (up to 16)
- Be in good physical health
- Currently showing symptoms of mania and/or bipolar disorder
- Not have been on 2 or more of the 3 study medications

In addition to the criteria listed above, the following may also qualify your child for the study....

- Current diagnosis of bipolar disorder (manic or mixed phase) or mania
- Currently receiving medication, but having little-to-no response (the child is taking medicine, but he or she isn't getting better)
- The child has experienced complications while taking medication for the disorder
- The child is experiencing symptoms of bipolar disorder and he or she has never been treated with medication